MEETINGS IN YAKIMA DAILY 6:30 AM A.M.A.A. Group (C) 310 N. 16th Ave. Salvation Army Bldg. 6:30 AM Chance for Change (O) 1105 S. 3rd Avenue Alano Club of Yakima 6:30 AM Early Bird's Group (O) 401 S. 8th Avenue Unity Church 6:30 AM AA at Sunrise (O) 48th Avenue & Chestnut Wesley United Methodist Church 9:00 AM Granola Group (O) 1105 S. 3rd Avenue Alano Club of Yakima 12:00 PM God Only Knows (O) 5 S. Naches Ave. St. Michaels 12:00 PM High Noon (O) 915 Summitview Ave Serenity Hall 5:00 PM Promises Group (O) 5 S. Naches Ave. St. Michaels 8:00PM The Broad Highway (O) 5 South Naches Ave St. Michaels Church Mon.Wed.Sat 12:00 PM A New Hope 1105 S. 3rd Ave. Alano Club of Yakima Mon,Wed,Fri 6:00 AM On Awakening (O) 902 S. 36th Ave Alliance Church **SUNDAY** 6:00 PM One Day at a Time (O) 5802 Summitview (next to Safeway) West Valley Foursquare Church 7:00 PM Sunday Serenity (O) 48th Avenue & Chestnut Wesley United Methodist Church MONDAY 6:30 AM Selah Wake-up (O) 1111 W Fremont Ave, Selah, WA Our Lady of Lourdes Church 12:00 PM A New Hope 1105 S. 3rd Ave.

Alano Club of Yakima 6:00 PM One Day at a Time (O) 5802 Summitview (next to Safeway) West Valley Foursquare Church 6:00PM Whole Latte Love (WO,O) 2902 Powerhouse Rd. Pear Tree Apartments

7:00 PM A New Light (O) 801 Tieton Drive Bethlehem Lutheran Church 7:30 PM Suntides (O) 231 Pence Rd., Gleed.Wa Suntides Golf Course TUESDAY 6:30 AM Selah Wake-up O) 1111 W Fremont Ave, Selah, WA Our Lady of Lourdes Church 6:30 AM Pros in AA (O) 100 N. 72nd Ave. Church of Christ 6:00 PM The Underground 201 E. Lincoln Ave #100 Barth Clinic 6:00 PM One Dav at a Time (O) 5802 Summitview (next to Safeway) West Valley Foursquare Church 6:30 PM WagonAAer's Group (O) 100 N. 72nd Ave.-Newcomers Church of Christ 6:30 PM Terrace Heights AA (O) 4011 Commonwealth Rd. Terrace Heights Civic Center Naches Valley AA (O) 7:00 PM 103 Naches Ave Naches, WA Naches Church of Nazarene 7:00 PM Friends of Bill W (O) 1061 Selah Loop Rd. Selah, WA Selah United Methodist Church **WEDNESDAY** 6:30 AM Selah Wake-up (O) 1111 W Fremont Ave, Selah, WA Our Lady of Lourdes Church 12:00 PM Numbskulls at Noon (O) 916 N 16th Ave. Suite 102 Yakima Justice Center 12:00 PM A New Hope 1105 S. 3rd Ave. Alano Club of Yakima 6:00 PM One Day at a Time (O) 5802 Summitview (next to Safeway) West Valley Foursquare Church 7:00 PM Moonshiners (O) 1061 Selah Loop Rd. Selah. WA United Methodist Church 7:00 PM A New Light (O) 801 Tieton Drive Bethlehem Lutheran Church

THURSDAY

6:30 AM Selah Wake-up (O) 1111 W Fremont Ave. Selah. WA Our Lady of Lourdes Church 6:00 PM Straight Shooters (MO Kids OK) 201 E. Lincoln Ave #100 Barth Clinic 6:00 PM Sisters in Sobriety (WO,C) 401 S. 8Th Ave Unity Spiritual Life Center 6:30 PM Terrace Heights AA (O) 4011 Commonwealth Rd. Terrace Heights Civic Center 7:00 PM Naches Valley AA (O) 103 Naches Ave Naches, WA Naches Church of Nazarene FRIDAY 6:30 AM Selah Wake-up (O) 1111 W Fremont Ave, Selah, WA Our Lady of Lourdes Church 6:30 AM AM Goddess 2201 E. Lincoln Ave. #100 Barth Clinic 6:00 PM The Underground 201 E. Lincoln Ave #100 Barth Clinic 6:00 PM One Day at a Time (O) 5802 Summitview (next to Safeway) West Valley Foursquare Church 7:00 PM WagonAAer's Group (O) 100 N. 72nd Avenue Church of Christ 7:00 PM E. Valley Beginner Group (O) 255 W. Seattle Avenue, Moxee, WA Moxee City Hall SATURDAY 7:30 AM Selah Wake-up (O) 1111 W Fremont Ave. Selah, WA Our Lady of Lourdes Church 12:00 PM A New Hope 1105 S. 3rd Ave. Alano Club of Yakima 5:00 PM Women With a Solution (WO.O) (Kids OK) 915 Summitview Ave Serenity Hall 7:00 PM A New Light (O) 801 Tieton Drive Bethlehem Lutheran Church

8:00 PM Saturday Night Live (O) 4105 Richey Road, Yakima St. Timothy's Church

Hybrid Meetings

6:30 AM C4C (O) Everyday ID: 352 095 018 PW: 934715 6:30 AM Selah Wake-up (O) Monday - Friday 6:30 AM (Sat, 7:30 AM) Phone Only Sunday ID: 425 436 6328 PW: 214894 6:30 AM Goddess Meeting Friday ID: 873 9298 6842 PW: 648281 7:00 PM Naches Valley AA (O) Tuesday and Thursday ID: 790 519 495 PW: NVAA 6:00 PM Whole Latte Love (O WO) Monday ID: 482 2912 155 PW: 333697 **Online Only Meetings** 6:30 AM Fellowship of the Spirit Daily ID: 235 812 7759 PW: 895 663 8:00 AM Saturday Morning Women's Meeting ID: 183 324 617 PW: 382061 7:00 PM StAAying Connected (Everyday) ID: 954 188 161 PW: 957672

A.A. CLUBS AND HALLS

24-Hour Groupo Spanish Speaking Yakima 454-0295 ALANO CLUB OF YAKIMA 1105 S. 3rd Avenue, Yakima (HA) SERENITY HALL 915 Summitview Avenue, Yakima (HA) **O-Open, Anyone Interested** C-Closed, Alcoholics Only **HA-Handicapped Accessible** WO-Women Only **MO-Men Only**

Last updated: March 22, 2024

Central Washington Central Office Alano Club of Yakima 1105 S 3 rd Avenue P.O. Box 762 Yakima, WA 98907 888-441-6220 or 509-453-7680 Hours: Monday through Friday 11:00 AM to 8:00 PM Sat 11 AM to 5PM If volunteers are available	PHONE LIST	
Office Manager: officemanager@yakima-aa.org		
WEBSITE:		
www.yakima-aa.org ALCOHOLICS ANONYMOUS		
<u>ALCOHOLICS ANONIMOUS</u>		
PHONE NUMBERSNarcotics Anonymous1-877-664-0398Ellensburg Crisis Line1-509-925-4168Mental Health1-509-925-4168		
<u>AL-ANON FAMILY GROUPS (AFG)-</u> <u>District 7</u> Al-Anon and Alateen Lliterature 509-952-9451		
Al-Anon Contact/Outreach (English) 509-949-1725 Al-Anon Contact/Outreach (Spanish) 509-834-3878		
<u>Preamble</u> Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.		
The only requirement for membership is a desire to stop drinking.		
There are no dues or fees for AA membership; we are self-supporting through our own contributions.		
AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.		
Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.		
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THE TWELVE STEPS

- 1. We admitted we were powerless over alcohol-that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of God *as we understood Him.*
- 4. Made a searching and fearless moral inventory of ourselves.
- Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked Him to remove our shortcomings.
- 8. Made a list of all people we had harmed, and became willing to make amends to them all.
- 9. Made direct amends wherever possible, except when to do so would injure them or others.
- 10. Continued to take personal inventory, and when we were wrong, promptly admitted it.
- Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

I AM RESPONSIBLE...

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.